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Author	Min Jae Kim1, Koo Bok Chin1				
Affiliation	1 Department of Animal Science, Chonnam National University, Gwangju, 61186, Republic of Korea				
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ORCID (All authors must have ORCID)	Min Jae Kim (https://orcid.org/ 0009-0004-7791-5206)				
https://orcid.org	Koo Bok Chin (https://orcid.org/0000-0002-8062-6331)				
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	Writing - review & editing: Min Jae Kim, Koo Bok Chin (This field				

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6 CORRESPONDING AUTHOR CONTACT INFORMATION

For the <u>corresponding</u> author (responsible for correspondence, proofreading, and reprints)	Fill in information in each box below
First name, middle initial, last name	Koo Bok Chin
Email address – this is where your proofs will be sent	kbchin@chonnam.ac.kr
Secondary Email address	kbchin@hanmail.net
Postal address	Department of Animal Science, Chonnam National University, Gwangju, 61186, Republic of Korea
Cell phone number	+82-10-8615-8590
Office phone number	+82-62-530-2121
Fax number	+82-62-530-2129

9	Evaluation of Rheological Properties of Pork Myofibrillar Protein Gel and
10	Physicochemical and Textural Properties of Low-Fat Model Sausages Treated with
11	Rhynchosia nulubilis Powders from Different Drying Methods and Their Protein
12	Extract

14

Abstract

This study evaluated the rheological properties of pork myofibrillar protein (MP) gel 15 and the physicochemical properties of low-fat model sausages (LFMS) treated with 16 Rhynchosia nulubilis powders (RNPs) obtained through different drying methods. Two 17experiments were conducted: (1) rheological analysis of MP gels treated with RNPs and 18 their protein extract (PE), and (2) assessment of LFMS properties treated with RNPs and 19 PE. The viscosity of MP treated with freeze- and oven-dried RNPs was higher than that 20 of the control (CTL), while PE-treated MP showed lower viscosity. Cooking yields (%) 21 22 of PE-treated MP (MPE) exceeded those of CTL, although the gel strength of MPE was 23 the lowest (P < 0.05). The pH of LFMS ranged from 6.01 to 6.31, with PE-treated LFMS (SPE) exhibiting the lowest pH. SPE demonstrated lower lightness (L*) and redness (a*) 24 25 values but a higher yellowness (b*) value compared to the reference (REF, soy protein isolate). Cooking loss (CL, %) of CTL was higher than those of the treatments, while 26 27 expressible moisture (EM, %) was lower in CTL compared to SPE. Additionally, the protein content of LFMS increased with RNP and PE addition. SPE had lower hardness 28 29 than CTL, but no difference from REF was observed (P > 0.05). Therefore, oven-dried 30 RNPs can effectively serve as a fat replacer in LFMS, similar characteristics to those of 31 REF.

32 Keywords: Rhynchosia nulubilis powder, myofibrillar protein, low-fat model sausage,

33 drying methods, protein extract

35 Introduction

36 Meat and meat products are excellent sources of protein, iron, zinc, niacin, and vitamins B₆ and B₁₂. Furthermore, they are important components of the modern diet (Brewer, 37 2012). In Korea, the meat processing industry has progressively developed since the 38 1980s, especially with regard to sausages, which are the most produced and highly 39 preferred processed meat products among consumers (Kim & Chin, 2018). The most 40 processed meat products are ham and sausages containing fat, which possess a relatively 41 42 high proportion of saturated fatty acids compared with other fat sources (Grasso et al., 2014). Currently, consumers favor the consumption of healthy foods (Lim & Chin, 2018) 43 and tend to prefer low-fat foods for the sake of health (Resurreccion, 2004). 44

However, the pork back fat used in the manufacture of meat product affects the flavor 45 and texture of the final meat product (Kwon et al., 2021; Domínguezet al., 2017) and 46 47 plays an important role in the product's rheological and structural properties (Barbut, 2011). Although fat serves an essential role in determining the quality of meat products, 48 several researchers have explored the reduction of fat content while simultaneously 49 enhancing the functionality of meat products by using fat replacers that compensate for 50 the role of fat. Numerous studies have addressed the use of non-meat proteins, such as 51 protein extracts from cell cultures; legumes such as soybeans, peas, and faba beans, 52 among others; and edible insects including Tenebrio molitor Linne and Protaetia 53 brevitarsis seulensis. 54

55 Among these, *Rhynchosia nulubilis* (RN) is a round-shaped black bean commonly 56 called "Seomoktae" or "Yakkong" in medicine. RN's seed coat reportedly prevents 57 cerebrovascular and heart diseases owing to its strong constituent antioxidants, such as 58 glycitein and cyanidin-3-glucoside (Bae & Moon, 1997). Previous studies have reported the extraction of various antioxidants from RN (Hong et al., 2014; Lee et al., 2014; Park 59 & Kim, 2018) and compared the antioxidant and isoflavone (β -glycosides and aglycone) 60 contents of RN subjected to different cooking methods (Shin & Joo, 2016). In particular, 61 Ko & Joo (2005) investigated the quality characteristics of frozen cookies by 62 63 incorporating RN, due to its high antioxidant capacity and antibacterial effects, which are known for their beneficial functional properties. In addition, the protein content (%) of 64 65 RN is approximately 37%, rendering it a favorable source of vegetable protein, similar to soybean. Therefore, the application of protein-rich Rhynchosia nulubilis powders (RNPs) 66 as fat replacers in meat products can enhance the quality of these products, resulting in a 67 68 reduction of fat content and an increase in protein content, thereby facilitating the production of consumer-preferred foods. Similarly, a study on smoothies made with RN, 69 known for its excellent antioxidant capacity and high protein content, was conducted by 70 Joo & Park (2009). However, there is limited research on the application of RN in meat 71 products, particularly regarding its functionality and quality characteristics. Therefore, 72 73 this study aimed to (1) develop RN powders (RNPs) via various drying methods, (2) extract their protein content, and (3) apply the developed RNPs and extracted protein to 7475 pork myofibrillar protein (MP) and low-fat model sausages (LFMS) to elicit superior 76 physical properties and evaluate quality characteristics, respectively.

77

78 Materials and Methods

79 Materials

80 The pork loin (Longissimus dorsi) and ham (Semimembranosus)

(Landrace×Yorkshire×Duroc three-way cross-breed pig) used in this study were purchased from a retail meat market, and excess fat and connective tissue were subsequently removed. To extract MP, the pork loin was cut into 1-2 cm³ cubes, vacuumpacked into 200-g samples, and stored frozen at -50°C until use. The ham was ground using a meat chopper (M-12S, Hankook Fujee Machinery Co., Ltd., Gyeonggi, Korea), vacuum-packed, and stored frozen until sausage manufacture.

The RN used in this experiment was purchased commercially (Daechanfarm, Hamyang, Korea), and freeze- or oven-dried (60°C) to produce powder. After being washed in running water, RN had its residual moisture removed, was vacuum-packed, and was subsequently freeze-dried under -50°C and 7 mm Torr conditions for 102 hrs in a freeze dryer (IIShin Bio Base Co., Ltd., Dongducheon, Korea). After oven- or freeze-drying, the RN powder was filtered through a 500-µm sieve and stored frozen at -70°C until used.

Protein was extracted from the purchased RN (Agricultural Cooperation of Bitgaram 93 Biotechnology, Naju, Korea) following the modified method of Kim et al. (1990), as 94 shown in Fig 1. After RNPs had been mixed with double-distilled (dd) water at a ratio of 95 1:10, the pH was adjusted to 9.0 using 3 N NaOH, and the resulting mixture was 96 subsequently stirred at room temperature for 30 min and centrifuged at $3,000 \times \text{g}$ for 15 97 min (VS-5500; Vision Science Co., Ltd., Daejeon, Korea). After centrifugation, the 98 supernatant was collected and pH adjusted to 4.5 using 3 N HCl, followed by 99 centrifugation at $3,000 \times g$ for 15 min again. The separated supernatant was discarded 100 101 and the precipitate washed using dd-water; thereafter, the pH was readjusted to 7.0 using 3 N NaOH. The pH-adjusted extract was oven-dried at 50°C to produce powder. The 102 103 prepared protein extract powder was frozen at -70°C until use.

Study I. Evaluation of the properties of pork MP treated with RNPs and RN protein extract MP extraction and gel manufacturing

After the frozen pork loins had been thawed at 4°C, they were ground and mixed with 107 4×0.1 M NaCl and 50 mM sodium phosphate buffer for 90 s. Thereafter, they were 108 centrifuged at 1,000 × g and 4°C for 15 min (Supra 22K, Hanil Science Medical Co., Ltd., 109 Daejeon, Korea). This process was repeated thiplicates, and the obtained pellet mixed 110 with 8×0.1 M NaCl. Impurities were subsequently removed using a sterile gauze, and 111 112 MP was extracted via centrifugation under the same conditions. This process was repeated 113 a total of three times. The concentration of protein extract was adjusted to 4%. The different RNPs were added 1% (w/w) of the total mixture, and the prepared gel (5 mL) 114 was loaded into vials (Thermo Fisher Scientific, Inc., Leicestershire, UK) and placed in 115 a constant-temperature water bath (WB-22, Daihan Scientific Co., Ltd., Seoul, Korea) 116 117that had been gradually heated from room temperature to 80°C. After heating, it was rapidly cooled on an ice and stored at 4°C. 118

119

120 Viscosity

121 The viscosity of the prepared protein mixture was measured using a concentric 122 cylinder-type rotational rheometer (RC30; Rheo Tec Messtechnik GmbH, Ottendorf-123 Okrilla, Germany). The shear rate was steadily increased from 0 to 600/s for 360 s and, 124 together with shear stress, diagrammed to illustrate the results.

125

127 Cooking yields (CY, %)

- Weight differences between the cooked and cooled gel were measured to evaluate the moisture released during cooking. The measured amount of moisture released during cooking was incorporated into the following equation to obtain the CY (%).
- 131 CY (%) = (initial gel weight total free water weight)/initial gel weight \times 100

132

133 Gel strength (gf)

Gel strength was measured using the puncture test of the Merlin program on a
Universal Testing Machine (3344, Instron Corporation, Norwood MA, USA), at a crosshead speed of 50 mm/min.

137

138 Sodium dodecyl sulfate–polyacrylamide gel electrophoresis (SDS–PAGE)

SDS-PAGE was performed using the Mini-PROTEAN® 3 Cell System (Bio-Rad 139 Laboratories, Inc., Hercules, CA, USA), and 10% acrylamide separating and 4% 140 141 acrylamide stacking gels were prepared. Loading samples were prepared by mixing 1% 142 protein with sample buffer. After the protein mixture had been loaded with a standard protein marker (Model #161-0318; Bio-Rad Laboratories), it was separated at 150 V for 143 approximately 1 and 1/2 h. After the proteins had been completely separated, the protein 144145 gels were stained with Coomassie brilliant blue staining solution for 30 min and 146 subsequently destained.

148 Low-vacuum scanning electron microscopy (LV–SEM)

Scanning electron microscopy of the heated gel was performed to determine three-149 150 dimensional (3D) structural changes depending on the non-meat protein content after heating. The samples were shaped into cubes (approximately $3 \times 3 \times 3$ mm³), placed in 151 1522.5% glutaraldehyde solution and immersed at 4°C for approximately 1 day to fix the protein samples. The samples were treated with 1% osmium tetroxide solution, soaked 153 for 5 h, and subsequently dehydrated by increasing the ethanol concentration (50–100%) 154 155 at 10-min intervals. Finally, after completing pretreatment by immersing in acetone, it was dried for approximately 24 h. The dried samples were gold-coated using a model 108 156 auto sputter coater (Cressington Scientific Instruments Ltd., Watford, England), and the 157 sample surfaces were observed using a low-vacuum scanning electron microscope (JSM-158 6610LV; JEOL, Ltd., Tokyo, Japan). 159

160

Study II. Evaluation of the quality characteristics of LFMS treated with RNPs and RN protein extract

163 Sausage manufacture

LFMS were prepared by adding 1% RNP and protein extract, as shown in Table 1. Frozen pork ham was added after thawing overnight at 4°C, and soy protein isolate (SPI) was entirely hydrated with dd-water at a ratio of 1:4. Raw meat and ingredients were mixed and comminuted using a mixer (HMC-401; Hanil Electric Co., Ltd., Seoul, Korea), and the processing of LFMS is shown in Fig. 2. After comminution, approximately 40 g of the meat batter was added to fill a 50-mL conical tube and centrifuged. Thereafter, it was placed in a water bath (WB-22; Daihan Scientific Co., Ltd., Seoul, Korea), heated at

171	45°C for 30 min, and further heated to 75°C until the center temperature of the sausage
172	had reached 72°C. The heated sausages were cooled in ice and stored at 4°C until use.
173	
174	pH and color values
175	pH values were measured five times using a pH-meter (Model 340, Mettler-Toledo,
176	Schwarzenbach, Switzerland), and average values were calculated. The color values of
177	the sausages were measured six times using the Minolta Color Reader (CR-10; Minolta
178	Co., Ltd., Tokyo, Japan), and average lightness (L*), redness (a*), and yellowness (b*)
179	values were calculated.
180	
181	Proximate analysis
182	Moisture, protein, and fat contents (%) were determined using the dry-oven, kjeldahl,
183	and soxhlet extraction methods, respectively, and average values were calculated.
184	
185	Cooking Loss (CL, %)
186	Sausage weight differences before and after heating were measured, and CL was
187	determined as the average of the differences using the following formula:
188	CL(%) = (sample weight before heating – sample weight after heating) (g) /
189	sample weight before heating $(g) \times 100$
190	
191	

192 **Expressible moisture (EM, %)**

Water-holding capacity (WHC) was measured based on the amount of water released form the sausages. Samples (1.5 g) were enwrapped in three layers of filter paper and centrifuged at 1,000 × g for 15 min using a centrifuge (VS-5500; Vision Science, Co., Ltd., Daejeon, Korea). After centrifugation, the amount of water released by the sample onto the filter paper was measured, and EM was calculated using the following formula: EM (%) = the amount of water dissolved in the filter paper (g) / the weight of the sample (g) × 100

200 Texture profile analysis (TPA)

To measure the textural profile analysis, the diameter and height of 10 samples were 0.25 and 1.30 cm, respectively. Textural hardness (gf), springiness (mm), gumminess, chewiness, and cohesiveness were evaluated using a Universal Testing Machine (3344; Instron Corporation, Norwood MA, USA). Measurement results were expressed as the average of 10 measured values.

206

207 Statistical analysis

Each experiment was performed in triplicate, and statistical processing was conducted via one-way analysis of variance (ANOVA) using SPSS software (version 27.0; SPSS Inc., Chicago. IL. USA). Statistical significance was determined using Duncan's multiple-range test based on P < 0.05.

212

214 **Results and Discussion**

The pH and color values of SPI, FP, QP and PE were presented in Table. 1. As shown in Table 1, the pH value of PE powder was lower than the others due to the extraction procedure. The color values of FP and OP were darker, less red and yellower than SPI, however, the protein extraction was darker, redder and yellower than the FP and SPI. Thus, protein content was higher in RE than other treatment due to the further protein extraction (p<0.05), however, the moisture and fat contents (%) were not different from each other.

221 Study I. Properties of pork MP treated with RNPs and RN protein extract

222 Viscosity

The viscosity of pork MP gel treated with RNPs (freeze-dried powder [FP] and oven-223 dried powder [OP]) and RN protein extract (PE) is shown in Fig. 4. MP treatment with 224 225 RNPs and PE elicited higher viscosity than the control (CTL). PE addition to MP paste lowered the viscosity of PE-treated MP (MPE) owing to the PE's lower pH value (4.73) 226 227 compared with those of the RNPs (7.00 and 7.01 for FP and OP, respectively). According 228 to Sun and Holley (2011), the factors affecting the viscosity of MP gel included myosin, actin, muscle type, protein concentration, pH, ionic strength, and temperature. Most 229 230 proteins aggregate at pH values to reach the isoelectric point (pI), where they exhibit the least solubility, and electrostatic attraction between molecules, thereby preventing protein 231 232 gel formation (Wang et al., 1990). The pH value of the PE-treated MP gel was 6.56, which 233 was lower than those of the other treatments (6.74–6.75). Based on the LFMS pH results, PE addition to pork MP caused the pH value to approach the pI, thus potentially 234 decreasing viscosity. 235

237 Cooking yield (CY, %) and gel strength (gf)

The CY (%) and gel strength (gf) of RNPs- and PE-treated pork MP are shown in Table 238 3. The CYs of FP-treated MP (MFP, 94.2%) and MPE (95.1%) were higher than that of 239 CTL (90.6%)(P < 0.05); nevertheless, no differences in CY were observed between OP-240 241 treated MP (MOP) and CTL (P>0.05). Sun et al. (2012) reported that the addition of peanut protein isolate (PPI) into chicken salt-soluble protein (SSP) increased the WHC, 242 resulting in promoting the interaction of complex proteins of SSP and PPI, thereby 243 244 improving the water retention capacity of the protein system gel. Gel strength is used as 245 an important indicator of the quality characteristics of processed meat products in relation to texture. The gel strength of CTL was comparable to those of MFP and MOP (P>0.05), 246 but higher than that of MPE ($P \le 0.05$). Based on the pH values of the various powders 247 (Table 2), the pH value of SPE was lower than those of other treatments (p < 0.05). The 248 lower pH of the MPE powder might influence the MP gel, bringing it to the soft texture 249 of myofibrillar protein, which likely inhibited gel formation and consequently reduced 250 251 gel strength (Sun & Holley, 2011). This was different from the previous result that 252 addition of chickpea protein isolate into MP increased gel strength (Li et al., 2021). During cooking, water loss from CTL were higher than that from the other treatments, 253 resulting in harder texture of the control. 254

255

256 **SDS–PAGE**

Fig. 5 shows the SDS–PAGE patterns generated by pork MP treated with or without RNPs and PE (A) and water extraction from RNPs and PE (B). SDS–PAGE analysis of MP revealed myosin heavy chains (MHCs) and actin with molecular weights (MWs) of 260 approximately 250 and 37-50 kDa across all treatments, respectively. In contrast, in all 261 treatments, except CTL, protein fractions with a MW of approximately 50 kDa were 262 identified, as shown in Fig. 5 (B). This protein fraction represents 7S β-conglycinin which was one of the various subunits of 7S globulin contained in legume proteins (Keum et al., 263 2006), and its MW was reported to be approximately 53 kDa. When legume proteins such 264 265 as kidney beans were treated to MP, electrophoretic changes were observed that indicated globulin fraction (Wu et al., 2016). Otherwise, no differences in protein fractions between 266 267 CTL and treatment groups were noted.

268

269 LV–SEM

LV-SEM was performed to confirm the 3D structural changes of cooked MP, 270 depending on the non-meat protein content (%), and the LV-SEM results for MP gel 271 272 containing RNPs and PE are shown in Fig. 6 (A–D). MP treatment with RNPs obtained via different drying methods (FP and OP) resulted in greater protein aggregation than 273 CTL, resulting in a swollen MP structure resembling a cloud-like formation. Additional 274 protein contributed by the RNPs is considered to partially fill with the pores in the protein 275 matrix, thus forming a dense structure, as shown in Fig. 6. Although the protein content 276 (%) of PE (approximately 64.6%) exceeded that of RNPs (approximately 38.1%), MPE 277 exhibited a similar 3D structure to the control. Kim and Chin (2024) reported that the 278 addition of legume proteins to MP compressed the surface of the MP gel and reduced the 279 porosity, and these results indicated that various legume proteins might have the potential 280 to improve the functional properties of the gel matrix. 281

283 Study II. Quality characteristics of LFMS treated with RNPs and PE

284 **pH and color values**

The pH and color values of RNP-PE-treated LFMS are shown in Table 3. pH was 285 measured before and after cooking, and the resultant pH ranges were 6.01–6.09 and 6.21– 286 287 6.31, respectively. pH values after cooking tended to be higher than those before cooking, as supported by Shin et al. (2017), who reported a higher pH after cooking than that before 288 owing to increased pH elicited by the thermal denaturation of proteins. In addition, Lee 289 et al. (2008) reported that the attenuation of hydrogen bonds by the thermal denaturation 290 of proteins caused numerous positive ions to leak from amino acid residues, resulting in 291 increased pH value. PE-treated LFMS (SPE) exhibited the lowest pH values before (6.01) 292 and after (6.21) cooking (P<0.05). The pH values of FP-treated LFMS (SFP) and OP-293 294 treated LFMS (SOP) before cooking were lower than those of CTL (P < 0.05), but similar 295 to those of the reference group (REF, 1% soy protein isolate (SPI)) (P>0.05). The post-296 cooking pH values of SFP and SOP did not differ across all treatments, except SPE (P>0.05). The pH values of FP and OP were 7.01 and 7.02, respectively, which exceeded 297 that of PE (4.74) (Table 4), and it was presumed that they affected the pH values of SFP, 298 SOP, and SPE. Choi & Chin (2002) showed that the pH of the final product added with 299 SPI tended to increase and attributed this increase to the high pH of SPI (Chin et al., 1999). 300 301 Regarding color values, SPE yielded the lowest lightness (L*) value (P < 0.05); however,

no differences in these color values were observed among the other treatments (P>0.05). CTL generated the highest redness (a*) value (9.20), and among the other treatments, this value decreased in the following order: REF>SPE>SOP>SFP. In addition, contrary to the a* value, CTL yielded the lowest yellowness (b*) value and SPE was the highest among

306 the RNP-containing treatments (P < 0.05). This partially emanated from the fact that the 307 colors of the SPI and PE affected the sausage products themselves. The colors of non-308 meat ingredients (e.g. non-meat proteins) added can affect the meat products (Wang et al., 2023). Since the added PE possessed a darker brown color than the SPI, the b* values of 309 SPE exceeded that of REF. In contrast, both FP and OP are bluish, light-green powders 310 with added black seed coats. In particular, the a* values of FP and OP were -2.45 and -311 2.52, respectively (Table 4). RNP addition to LFMS (SFP and SOP) affected their a* 312 values. The seeds of black soybeans, such as RN, did not differ in nutritional content 313 compared to yellowish soybeans, but they were characterized by the presence of 314 anthocyanin pigments in the seed coat (Kim & Lee, 2005). According to the study by 315 316 Sembring and Chin (2021), sausages containing eggplant powder with anthocyanin showed a decrease in a* value and an increase in b* value. This might be due to the 317 oxidation of anthocyanin during the drying process, leading to browning of the material 318 and a subsequent reduction in redness (Zia & Alibas, 2021). It was reported that the L* 319 and a* values of sausages "Merguez" treated with chickpea protein isolate (CPI) 320 321 decreased, which might be the result of CPI swelling upon contacted with water and reducing light scattering (Ghribi et al., 2018). As color values of the products are 322 important factor when consumers select meat products, compensating for decreases in the 323 L* and a* values and increases in the b* value owing to PE addition is imperative. 324

325

326 **Proximate analysis**

327 The proximate analysis results of LFMS treated with RNPs and PE are shown in Table
328 4. The fat contents of REF and SOP exceeded those of CTL (*P*<0.05); nonetheless, those

of SFP and SPE did not differ from those of CTL (P>0.05). CTL exhibited the lowest 329 protein content (%), whereas SPI-treated sausages yielded the highest protein content 330 (P < 0.05). The protein contents of SFP, SOP, and SPE exhibited no differences (P > 0.05)331 and were higher than those of CTL (P < 0.05). Several researchers have reported an 332 increase in the protein content of final meat products when lentil pea (Serdaroğlu et al., 333 2005), pea flour (Pietrasik & Janz, 2010), and soy protein isolate (SPI) (Moirangthem et 334 al., 2022) were added to low-fat meat products. In particular, in the case of SPI, its high 335 336 protein content contributed to the increased protein content of the final meat product. Akesowan (2010) reported an increase in protein content (%) of light pork burgers treated 337 with SPI, and Cengiz and Gokoglu (2007) showed an increase in protein content when 338 339 soy protein concentrate was added to formulations with 5 and 20% fat.

340

341 CL (%) and EM (%)

The CL (%) and EM (%) results of RNP-PE-treated LFMS are shown in Fig. 7. CL is 342 used as a measure of the degree of water loss caused by cooking meat, and the freshness, 343 pH, final cooking temperature, cooking speed and time, and size and shape of raw meat 344 are known to generally affect CL in meat (Park et al., 2010). In addition, CL occurs as 345 moisture is released via protein denaturation and has become a means of measuring WHC 346 (Park and Kim, 2016). The CL value (%) of CTL was the highest; nonetheless, those of 347 348 the treatments decreased in the following order: SFP (0.75%), SOP (0.70%), and SPE 349 (0.54%). Ghribi et al. (2018) reported that chickpea protein addition (up to 2.5%) to "Merguez" sausages resulted in the chickpea protein absorbing water and forming a gel 350 matrix upon cooking, thus increasing CY. Consequently, more moisture content (%) was 351

apparently absorbed owing to a higher protein content than that of the RNPs in LFMS.

353 The EM (%) values of REF (26.9%) and SPE (27.3%) exceeded those of CTL (*P*<0.05),

whereas no differences in EM (%) were observed between REF and SPE, and SOP yielded

- a lower EM (%) value than CTL ($P \le 0.05$).
- 356
- 357 **Texture profile analysis (TPA)**

358 Texture is an essential sensory factor that considerably affects the taste and quality of sausages (Shin and Choi, 2021). Texture profiles analyses were evaluated in terms of 359 hardness (gf), springiness (mm), gumminess, chewiness, and cohesiveness, and their 360 results are shown in Table 4. Among the textural parameters, hardness significantly varied 361 across treatments (P<0.05). For example, the hardness values of SFP and SPE were lower 362 than those of CTL (P < 0.05). A previous study reported the addition of chickpea protein 363 isolate (CPI) decreased textural properties (Kandil et al., 2020). The legume proteins CPI 364 and RNP, when added to sausages, bind and retain more water to produce a tender product, 365 366 thereby influencing CL and gelation to have a softer texture than those of CTL. As a result, the textural hardness of CTL was higher than that of SFP and SPE (p<0.05). The hardness 367 values of REF were similar to those of CTL, and this result was supported by Ahmed et 368 al. (2010), who reported that the addition of SPI to buffalo meat emulsion sausages 369 reduced hardness values. Furthermore, since the hardness increased with the reduced fat 370 when the same level of water was added (Yoo et al., 2007; Claus et al., 1989), it is believed 371 372 that the water content (%) released from CTL was higher CL compared to that of REF that affected textural properties. In contrast, RNP and PE addition to LFMS yielded a 373 hardness value similar to those of REF (SPI) (P>0.05). Overall, treatments with RNPs 374

obtained by different drying methods and PE addition are likely not to affect textural
 parameters, except hardness.

377

378 Conclusion

Protein extract from RNPs had higher protein content than RNPs obtained by different 379 drying methods. Adding RNPs obtained by different drying methods to pork MP 380 381 improved rheological properties such as viscosity and CY and showed changes in the microstructure and SDS-PAGE patterns. The hardness values of LFMS treated RNPs and 382 RNP protein extract was similar to those of LFMS treated with SPI. In the application 383 with model sausages, the addition of RNP, which were dried by various drying methods, 384 to LFMS improved WHC, showing similar results to LFMS treated with SPI. This 385 suggests that using RNP as a fat replacer in meat products can enhance textural and 386 387 functional properties. Furthermore, the antioxidant capacity of RN could be utilized to improve the storage stability of meat products with higher fat content, through extending 388 their shelf-life in a future study. 389

390

391 **Conflicts of Interest**

392 The authors declare no potential conflict of interest.

393

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400 Author Contributions

- 401 Conceptualization: Kim MJ, Chin KB.
- 402 Data curation: Kim MJ, Chin KB.
- 403 Formal analysis: Kim MJ, Chin KB.
- 404 Methodology: Kim MJ, Chin KB.
- 405 Software: Kim MJ, Chin KB.
- 406 Validation: Kim MJ, Chin KB.
- 407 Investigation: Kim MJ, Chin KB.
- 408 Writing original draft: Kim MJ
- 409 Writing review & editing: Kim MJ, Chin KB.
- 410

411 Ethics Approval

- This article does not require IRB/IACUC approval because there are no human andanimal participants.
- 414

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532 Table 1. Formulation of low-fat model sausages (LFMSs) containing *Rhynchosia nulubilis*

powder obtained via different drying methods and RNP protein extract

Ingradiant (9/)	Treatment ¹⁾					
Ingredient (%)	CTL	REF	SFP	SOP	SPE	
1. Meat	70.00	70.00	70.00	70.00	70.00	
2. Water	28.13	28.13	28.13	28.13	28.13	
1) Ice water	28.13	12.13	28.13	28.13	28.13	
2) Hydrate water	0.00	16.0	0.00	0.00	0.00	
3. Non-Meat Ingredient	1.87	2.87	2.87	2.87	2.87	
1) Salt	1.50	1.50	1.50	1.50	1.50	
2) STPP ²⁾	0.30	0.30	0.30	0.30	0.30	
3) Sodium erythorbate	0.05	0.05	0.05	0.05	0.05	
4) Sodium nitrite	0.015	0.015	0.015	0.015	0.015	
5) Soy protein isolate	0.00	1.00	0.00	0.00	0.00	
6) Rhynchosia nulubilis powder	0.00	0.00	1.00	1.00	1.00	
(1) Freeze drying	0.00	0.00	1.00	0.00	0.00	
(2) Oven drying	0.00	0.00	0.00	1.00	0.00	
(3) Protein extract	0.00	0.00	0.00	0.00	1.00	
Total	100.00	101.00	101.00	101.00	101.00	

⁵³⁴ ¹⁾Treatment: CTL, LFMS; REF, LFPS treated with 1.0% soy protein isolate; SFP, LFMS treated

with 1.0% freeze-dried RNP; SOP, LFMS treated with 1.0% oven-dried RNP; SPE, LFMS treated
 with 1.0% RNP protein extract.

537 ²⁾STPP: sodium tripolyphosphate

>

	Treatment ¹⁾				
	SPI	FP	OP	PE	
pН	$6.38 {\pm} 0.01^{b}$	7.01 ± 0.01^{a}	$7.02{\pm}0.01^{a}$	4.74±0.01°	
CIE L*(lightness)	$87.4{\pm}0.35^{a}$	$80.6 \pm 0.20^{\circ}$	$81.9{\pm}0.84^{b}$	$68.3{\pm}0.43^{d}$	
CIE a*(redness)	$1.12{\pm}0.19^{b}$	-2.45±0.00°	-2.52±0.38°	$8.70{\pm}0.09^{a}$	
CIE b*(yellowness)	13.6±0.08°	15.1 ± 0.40^{b}	15.7±0.31ª	$16.0{\pm}0.17^{a}$	
Moisture(%)	$1.94{\pm}0.66^{b}$	$6.54{\pm}0.15^{a}$	6.58±0.13ª	2.61±0.21 ^b	
Fat(%)	$3.80{\pm}0.77^{b}$	15.7 ± 1.34^{a}	16.0±1.91ª	19.2±1.41ª	
Protein(%)	91.8±0.42ª	37.5±0.92°	37.8±0.42°	62.3±2.19 ^b	

Table 2. pH, color values, and proximate analysis of *Rhynchosia nulubilis* powder (RNP) and its protein extract

⁵⁵³ ¹⁾Treatment: SPI, soy protein isolate; FP, freeze-dried RNP; OP, oven-dried RNP; PE, protein ⁵⁵⁴ extract from RNP.

^{a-d}Means values with different superscripts differ depending on the various drying methods applied to obtain RNP and RNP and protein extract (P < 0.05).

558 Table 3. Cooking yield and gel strength of pork loin myofibrillar protein (MP) gel

	Treatment ¹⁾					
	CTL MFP MOP MPE					
Cooking yield (%)	90.6±2.60 ^b	94.2±2.24ª	$93.4{\pm}2.22^{ab}$	95.1±1.33ª		
Gel strength (gf)	266.8±25.3ª	$239.8{\pm}36.8^{ab}$	$224.0{\pm}28.4^{ab}$	208.9±22.9 ^b		

¹⁾Treatment: CTL, pork MP control; MFP, MP treated with 1.0% freeze-dried *Rhynchosia nulubilis* powder (RNP); MOP, MP treated with oven-dried RNP; MPE, MP treated with 1.0%
 RNP protein extract.

⁵⁶² ^{a,b}Means values with different superscripts differ depending on the various drying methods ⁵⁶³ applied to obtain RNP and RNP protein extract (P < 0.05).

565Table 4. pH and color values of low-fat model sausages (LFMS) treated with Rhynchosia566nulubilis powder (RNP) obtained via different drying methods and RNP protein567extract

		Treatment ¹⁾					
		CTL REF SFP SOP SPE					
"II	Uncooked	6.09±0.01 ^a	$6.05{\pm}0.01^{b}$	6.07 ± 0.01^{b}	6.06 ± 0.01^{b}	6.01±0.02°	
pН	Cooked	$6.29{\pm}0.02^{a}$	$6.31{\pm}0.03^{a}$	$6.30{\pm}0.02^{a}$	$6.30{\pm}0.03^{a}$	6.21 ± 0.01^{b}	
CIE L*(lig	ghtness)	$67.4{\pm}0.06^{a}$	$67.4{\pm}0.57^{a}$	$67.3{\pm}0.26^{a}$	67.3 ± 0.40^{a}	$65.3{\pm}0.32^{b}$	
CIE a*(redness)		$9.20{\pm}0.09^{a}$	$8.45{\pm}0.05^{\text{b}}$	5.77±0.97 ^e	6.13 ± 0.17^{d}	8.01±0.18°	
CIE b*(yellowness)		$6.34{\pm}0.08^{\text{d}}$	$7.21{\pm}0.03^{b}$	6.57±0.09°	6.72±0.11°	7.98±0.12ª	

¹Treatment: CTL, LFMS; REF, LFPS treated with 1.0% soy protein isolate; SFP, LFMS treated

with 1.0% freeze-dried RNP; SOP, LFMS treated with 1.0% oven-dried RNP; SPE, LFMS treated
 with 1.0% RNP protein extract.

⁵⁷¹ ^{a-e}Means values with different superscripts differ according to the various drying methods applied

572 to obtain RNP and RNP protein extract (P < 0.05).

574Table 5. Proximate and texture profile analyses of low-fat model sausages (LFMS) treated575with Rhynchosia nulubilis powder (RNP) obtained via different drying methods and576RNP protein extract

		Treatment ¹⁾				
	CTL	REF	SFP	SOP	SPE	
Moisture(%)	$79.9{\pm}0.51^{a}$	79.2±1.11ª	79.6±0.68ª	79.7±0.81ª	79.8±0.31ª	
Fat(%)	$2.04{\pm}0.06^{\text{b}}$	$2.54{\pm}0.29^{a}$	$2.13{\pm}0.04^{b}$	2.75±0.23ª	$1.99{\pm}0.10^{b}$	
Protein(%)	14.3±0.32°	$16.4{\pm}0.12^{a}$	15.6±0.25 ^b	15.5 ± 0.12^{b}	15.7 ± 0.36^{b}	
Hardness(gf)	4214±42.3ª	$3951{\pm}153^{ab}$	3726±295 ^b	$4011{\pm}133^{ab}$	3870±65.8 ^b	
Springiness(mm)	$5.60{\pm}0.16^{a}$	$5.74{\pm}0.39^{a}$	5.36±0.16 ^a	5.33±0.41ª	5.89±0.41ª	
Gumminess	$33.4{\pm}1.71^{a}$	$30.2{\pm}3.08^{a}$	32.8±4.17 ^a	32.6±3.65ª	30.7±1.31ª	
Chewiness	190 ± 8.02^{a}	178±5.69ª	187 ± 9.02^{a}	183±8.54ª	176±9.85ª	
Cohesiveness	$0.81{\pm}0.00^{a}$	$0.81{\pm}0.05^{a}$	$0.89{\pm}0.04^{a}$	0.86±0.06ª	$0.82{\pm}0.04^{a}$	

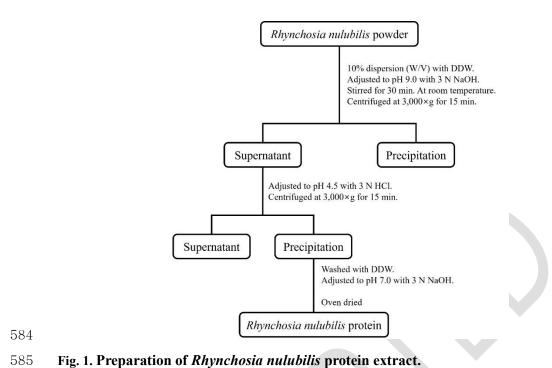
⁵⁷⁷ ¹⁾Treatment: CTL, LFMS; REF, LFPS treated with 1.0% soy protein isolate; SFP, LFMS treated

578 with 1.0% freeze-dried RNP; SOP, LFMS treated with 1.0% oven-dried RNP; SPE, LFMS treated

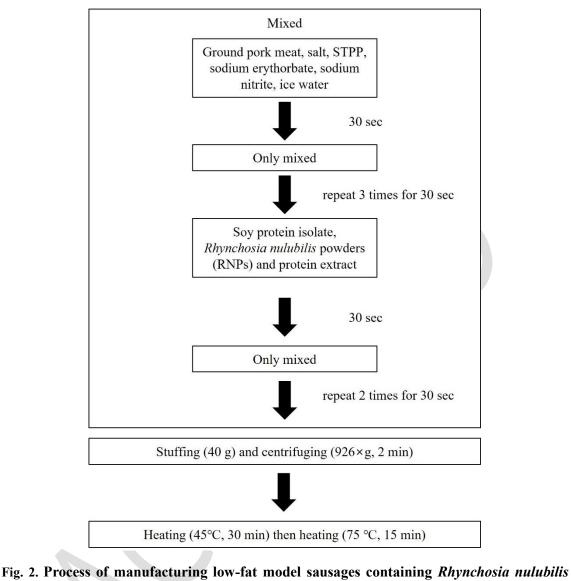
579 with 1.0% RNP protein extract.

⁵⁸⁰ ^{a-c}Means values with different superscripts differ according to the various drying methods applied

to obtain RNP and RNP protein extract (P < 0.05).



Low-fat sausage



- 589 powder obtained via different drying methods and its protein extract.
- 590

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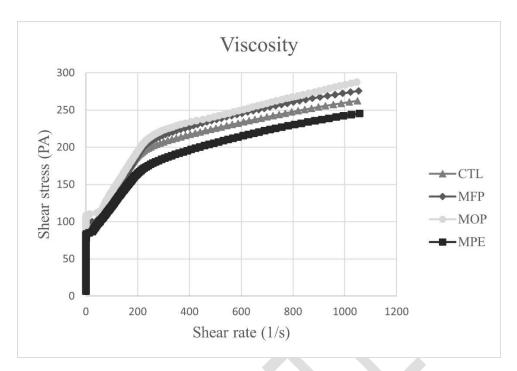


Fig. 3. Viscosity of myofibrillar protein (MP) treated with *Rhynchosia nulubilis* powder
(RNP) obtained via different drying methods and RNP protein extract. Treatment: CTL,
pork MP control; MFP, MP treated with 1.0% freeze-dried RNP; MOP, MP treated with
oven-dried RNP; MPE, MP treated with 1.0% RNP protein extract.

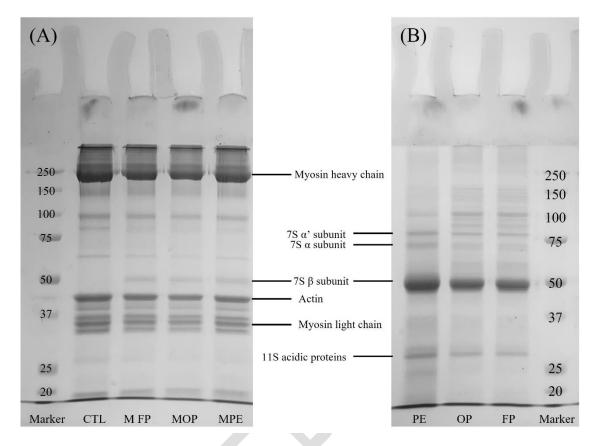


Fig. 4. SDS–PAGE of (A) myofibrillar protein (MP) pastes treated with *Rhynchosia nulubilis*powder (RNP) obtained via different drying methods and RNP protein extract as well
as that of (B) the RNPs generated via different drying methods and the protein extract
of RNP. Treatment: CTL, pork MP control; MFP, MP treated with 1.0% freeze-dried RNP;
MOP, MP treated with oven-dried RNP; MPE, MP treated with 1.0% RNP protein extract;
FP, freeze-dried RNP; OP, oven-dried RNP; PE, protein extract from RNP.

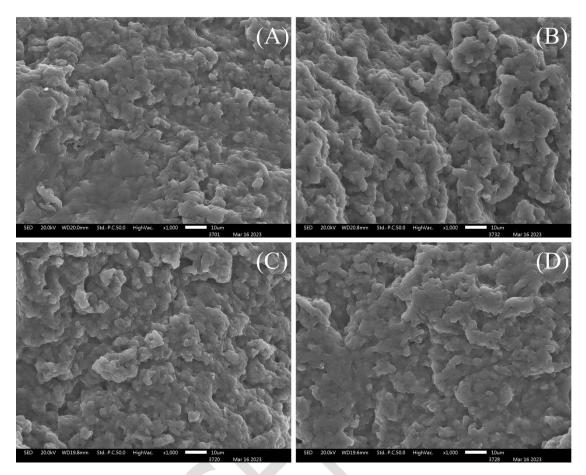


Fig 5. Scanning electron micrographs (×1,000 magnification) of myofibrillar protein (MP)
treated with *Rhynchosia nulubilis* powder (RNP) obtained via different drying
methods and RNP protein extract. (A) CTL, pork MP control; (B) MFP, MP treated with
1.0% freeze-dried RNP; (C) MOP, MP treated with oven-dried RNP; (D) MPE, MP treated
with 1.0% protein extract of RNP.

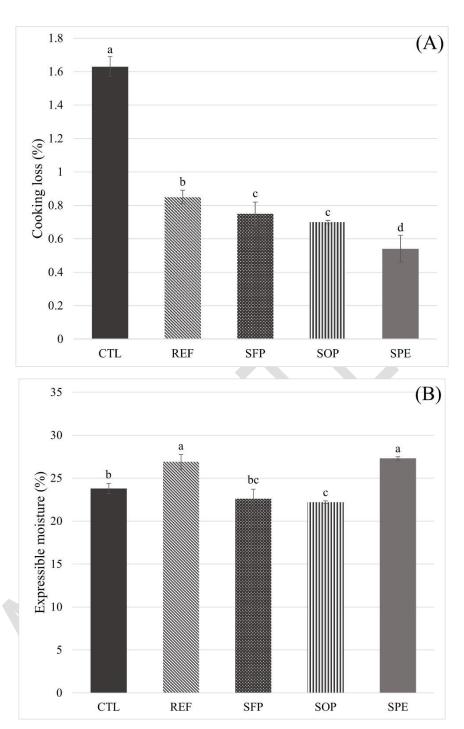




Fig 6. (A) Cooking loss (%) and (B) expressible moisture (%) values of low-fat model
sausages (LFMSs) treated with *Rhynchosia nulubilis* powder (RNP) obtained via
different drying methods and RNP protein extract. Treatment: CTL, LFMS; REF, LFMS
treated with 1.0% soy protein isolate (SPI); SFP, LFMS treated with 1.0% freeze-dried RNP;
SOP, LFMS treated with 1.0% oven-dried RNP; SPE, LFMS treated with 1.0% RNP protein
extract.

